

# Full package itinerary

One Ride | 28-30 November 2025



Embark on the ultimate cycling adventure with an all inclusive experience.

**Entry fee:** \$100

**Fundraising goal:** \$5,000

## Package inclusions

- ✓ Flights
- ✓ Airport transfers
- ✓ Hotel
- ✓ Food & beverage  
(inc. Saturday dinner)
- ✓ Supported cycle route
- ✓ Event T - Shirt  
(& optional jersey)

Register now



## Friday 28 November

- Arrive in Adelaide on Breakthrough T1D flights
- Coach transfer to Novotel Barossa Valley
- Bike assembly & rider check-in
- Foundation Cycling Club lunch for 4 year riders or optional training ride
- Safety Briefing with Bike SA
- Mind Matters session with Justin Morris
- Welcome Drinks
- Carbo Loading Dinner + Q&A with cycling legends
- 3-yr, FCC and 10-yr Jersey presentations
- Relax and get ready to ride

## Saturday 29 November

- Breakfast
- 7am – 160km ride starts
- 8am – 80km rides start
- 9am – 35km ride starts
- Aid stations & sector bus support throughout
- Complimentary post-ride massage
- Poolside lunch & entertainment
- Celebration Dinner at a secret location

## Sunday 30 November

- Breakfast
- Check out
- Coach transfer to Adelaide Airport
- Flights home

[ride.BreakthroughT1D.org.au](https://ride.BreakthroughT1D.org.au)