



# Invite colleagues to join your One Ride team!

Recruit your teammates with ease. Use our email template or a short Teams/Slack message - just copy, paste and personalise the details.

## Email:

Hi [Name],

I've signed up our organisation [One Ride 2026](#), a cycling event in the Barossa Valley (20–22 November) raising funds for type 1 diabetes research - and I'd love for you to join our team.

It's an incredible weekend bringing people together to ride, connect and support life-changing breakthroughs for the type 1 diabetes community.

Why join the team?

- Ride through the stunning Barossa Valley – all cycling abilities welcome!
- Be part of a great team experience outside of work
- Network with leaders from other industries
- Celebrate the weekend with fellow riders
- Help fund breakthroughs in type 1 diabetes research

Whether you're a regular cyclist or just keen to take on a new challenge, it's a really rewarding experience.

Join our team here:

[Team Registration Link]

If you have any questions or want to chat about it, let me know - it would be great to ride together.

Thanks,  
[Name]

## Shortened template for Teams/ Slack:

I'm putting together a team for One Ride 2026! A cycling weekend in the Barossa Valley supporting type 1 diabetes research - with scenic rides, great company and a celebration dinner. Keen to join? [team link]